



ACCESS CONSCIOUSNESS®

Empowering people to know that they know

ALL OF LIFE COMES TO ME WITH EASE & JOY & GLORY!®

Access Consciousness The BARS® Course **November 11. 9.30am to 6.00pm Ubud**

Access The BARS® a body process lightly touching 32 points on your head

**Do you remember the last time you felt deeply relaxed, nurtured and cared for?
Or has it been too long ago since you experienced healing and caring without any
judgement of your body and your being?**

**Did you know that there are 32 points on your head that, when they are been gently
touched, easily and effortlessly dissolve anything that does not allow you to receive?
These points connect to all the thoughts, ideas, opinions, emotions and judgements,
which you have stored in your life. Receiving the bars is a chance to let all this
go - allowing for tremendous and easy change.**

**The energy of the universe becomes available to you and this often results in
more peace, ease and joy in life and in the offer of more possibilities than you
could even have imagined.**

**Among the most commonly reported effects are an increased sense of peace and
ease, being less reactive to situations which might have upset you in the past,
more restful and deep sleep, feeling that whatever was upsetting before the
session doesn't matter any more.**

For further Information please contact me

Dr. Ines Howe

Bar's and Breathwork Facilitator

Facelift and Bodyprocess Practor

0062-81-3393 18785, 0049-30-3241943

atman.institut@gmail.com

The Access Bars® have already helped thousands to change different aspects of their lives, in particular sleeping disorder, health and weight, money, sex and relationships, states of anxiety, stress, lack joy of life and a lot more.

In the worst case you may feel after an Access bars® session as if you had just received the best massage of your life. At best your life will change with ease to something wonderful.

The one-day Access Bars® class encloses a theoretical part and a practical part. In the theoretical part you get to know the basis of the Access Bars®.

In the second practical part of the class every participant will give as well as receive 2 Access Bars® Sessions from other participants.

After this one-day class you are allowed to facilitate Bars® Sessions as an Access bars® Practitioner. You will be handed out a Certificate, Charts and a manual.

The Access Bars® method blends wonderfully in with other methods and modalities which deal with the body.

I am so glad to be a contribution for you by supporting you in learning the Access Bars®, as a possibility for the creation of easy change in your life and to guide you in this amazing experience. What are you choosing?

PARTICIPATION FEE

The participation fee is 300 \$ (150 \$ if you are repeating) and can be paid in cash at the beginning, via PayPal (badge on the registration page) or transferred to a bank account.

Please \$ 20, if you are using paypal or bank transfer.

Locals and expats living in Indonesia on long term visas pay 65%

195 \$, 180 E, 2.6 Mio IDR,

A limited number of partial scholarships are available on an energy exchange basis.

Children under 16 years take part free of charge. Youngsters at the age of 16 - 18 years receive 50% of reduction.

VENUE

To be announced

This course serves the energetic self healing – it is not a substitute for medical or psychotherapeutic treatment.

Ines can be reached by phone under 081 3393 18785.

She is also available for private sessions till the 23rd of May in Ubud.

REGISTRATION Form for the Access Bars Course 29th 03. 2017,

Course fee : 300 \$, 270€, 4 Mio IDR

_____ I have transferred * _____ paid cash _____ by pay pal * (* in euro

Acct.: Berliner Volksbank,
IBAN: DE 83 1009 0000 513503 4012, BIC: BEVODEBB
account owner: Dr. Ines Howe

Pay Pal : atman.institut@gmail.com

Given name

Family name

Street

house number

post code

City

Country

Tel. Nr.

email

Please, mail the registration to atman.institut@gmail.com